



WINNIPEG POLICE SERVICE **VICTIM SERVICES**

The Victim Service Section was established to assist individuals who have been impacted by crime.

Canadian Victims Bill of Rights

As a victim of crime you have the right, on request, to:

- Obtain information about your case.
- Obtain information about services available to victims.
- Describe the impact the crime had on you.
- Ask the court to consider making a restitution order once the accused person has been found guilty.

Manitoba Justice Victim Services

Toll-free: 1-866-4Victim (1-866-484-2846)

www.gov.mb.ca/justice/victims/

ASSAULT

DO NOT CROSS POLICE LINE DO NOT CROSS



For Further Information Contact:

Winnipeg Police Service
Victim Service Section
P.O. BOX 1680 • Winnipeg • R3C 2Z7
Fax: 957-2450 • Phone: 986-6350
www.winnipeg.ca/police



204-986-6350
www.winnipeg.ca/police

ASSAULTS REPRESENT THE MOST COMMONLY OCCURRING OFFENCE WITHIN THE CITY OF WINNIPEG.

THERE ARE FOUR CLASSIFICATIONS OF ASSAULT OFFENCES:

Assault

Assault Cause Bodily Harm

Assault with a Weapon

Aggravated Assault (*This charge is laid when a victim is wounded, disfigured or their life is endangered.*)

Coping Strategies

- Maintain good physical health through rest, a well-balanced diet and exercise.
- Acknowledge that it is okay to feel this way for a while.
- Exercise care when using alcohol and medications.
- Consider ways that you might improve your personal and home security.
- One of the most helpful things to do is to talk it out.
- If necessary, seek professional intervention.

Emotional Reactions

As a victim of a physical assault, you may experience a variety of normal reactions including:

- Fear
- Anger
- Helplessness
- Disbelief
- Fear of Recurrence
- Loss of Control
- Vulnerability
- Frustration
- Nervousness
- Increased Sensitivity

Members and Trained Volunteers are available if you want to talk to someone who can assist you with the following:

- Offering emotional support
- Explaining police procedures
- Information about your case
- Explaining the court process
- Referral to appropriate agencies
- Crime Prevention Information

Personal Safety Tips

- If you feel you are being followed, attend to the nearest public place (ie: a business or a store)
- Walk in well-lit areas and be aware of your surroundings.
- Avoid walking alone, if possible.
- Plan your route and avoid short cuts through parks, vacant lots and dark alleys.
- Walk confidently in the centre of the sidewalk.
- Do not open your door to strangers.
- Consider carrying a personal safety alarm.

IF YOU FEEL UNSAFE IN A SITUATION OR PLACE - LEAVE AND NOTIFY POLICE.