



Sergeant Tommy Prince Place

90 Sinclair St.

Schedule effective March 22, 2026 – April 4, 2026

Entry height requirements: 44 inches/112 cm at top of shoulder

Facility closures:

Good Friday – Friday, April 3

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Swim	9 a.m. – 4 p.m.	9 a.m. – 5 p.m.	9 a.m. – 4:30 p.m.	9 a.m. – 8 p.m.	9 a.m. – 6:30 p.m.	9 a.m. – 4:30 p.m.	11 a.m. – 4 p.m.
Lap swim	—	6:30 – 9 a.m.	6:30 – 9 a.m.	6:30 – 9 a.m.	6:30 – 9 a.m.	6:30 – 9 a.m.	9 – 11 a.m.
Reduced Admission Fees (Pool use only)	Free swim 4 – 5 p.m.	—	Free youth swim 9–19 years 6:30 – 8:30 p.m.	—	—	Loonie/Toonie swim 4:30 – 7 p.m.	Loonie/Toonie swim 4 – 6:30 p.m. Free youth swim 9–19 years 7 – 9 p.m.
Showers and Locker-Room Availability	9 a.m. – 5:15 p.m.	6:30 a.m. – 8:15 p.m.	6:30 a.m. – 8:45 p.m.	6:30 a.m. – 8:15 p.m.	6:30 a.m. – 8:15 p.m.	6:30 a.m. – 7:15 p.m.	9 a.m. – 9:15 p.m.
*Fitness Centre	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m. Free admission 5 – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m. Free admission noon – 1 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.
Gymnasium	—	—	Free admission 5 – 9:30 p.m.	—	Free admission noon – 1 p.m.	—	—
Drop-In Aquafit	—	Aqualite - Combo 10:15 – 11 a.m.	—	Aqualite - Combo 10:15 – 11 a.m.	—	Aqualite - Combo 10:15 – 11 a.m.	—
In-Person Registration	9 a.m. – 9:30 p.m.	6:30 a.m. – 9:30 p.m.	6:30 a.m. – 9:30 p.m.	6:30 a.m. – 9:30 p.m.	6:30 a.m. – 9:30 p.m.	6:30 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.

For registration information, go to winnipeg.ca/cms/recreation/leisure/registration.stm.
Reserve an available space using your Active Living membership, go to winnipeg.ca/dropinfitness
Hours are subject to change. Call 311 or visit winnipeg.ca/pools for up-to-date schedule information.

*Use of fitness centre restricted to those over 16 years of age or 12 – 15 years with adult supervision.