



# St. James Assiniboia Centennial

## Drop-in fitness schedule

### 644 Parkdale St.

Schedule effective January 26 – February 1, 2026

#### Facility closures:

Louis Riel Day – Monday, February 16

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Aqualite – Combo</b> 8:05 – 8:50 a.m.	—				

Reserve an available space using your Active Living membership. go to [winnipeg.ca/dropinfitness](http://winnipeg.ca/dropinfitness)

For registration information, go to [winnipeg.ca/cms/recreation/leisure/registration.stm](http://winnipeg.ca/cms/recreation/leisure/registration.stm).

Hours are subject to change. Call 311 or visit [winnipeg.ca/pools](http://winnipeg.ca/pools) for up-to-date schedule information.