Sergeant Tommy Prince Place

90 Sinclair St.

Schedule effective September 27, 2026 – December 12, 2026

Entry height requirements: 44 inches/112 cm at top of shoulder

Facility closures:

National Day for Truth and Reconciliation – Wednesday, September 30
Thanksgiving Day – Monday, October 12
Remembrance Day – Wednesday, November 11

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Swim	9 – 11:45 a.m. 3 – 4 p.m.	9 a.m. – 4:45 p.m.	9 a.m. – 6 p.m.	9 a.m. – 8 p.m. **Limited Space**** **5 p.m. – 8 p.m.**	9 a.m. – 8 p.m. **Limited Space**** **10 a.m. – 1 p.m.**	9 a.m. – 4:30 p.m.	11 a.m. – 12:45 p.m.
Lap swim	–	6:30 – 9 a.m.	6:30 – 9 a.m.	6:30 – 9 a.m.	6:30 – 9 a.m.	6:30 – 9 a.m.	9 – 11 a.m.
Reduced Admission Fees (Pool use only)	**Free swim** 4 – 5 p.m.	–	**Free youth swim (9–19 years)** 6:30 – 8:30 p.m.	–	–	**Loonie/toonie swim** 4:30 – 7 p.m.	**Loonie/toonie swim** 4 – 6:30 p.m. **Free youth swim (9–19 years)** 7 – 9 p.m.
Showers and Locker-Room Availability	9 a.m. – 5:15 p.m.	6:30 a.m. – 8:15 p.m.	6:30 a.m. – 8:45 p.m.	6:30 a.m. – 8:15 p.m.	6:30 a.m. – 8:15 p.m.	6:30 a.m. – 7:15 p.m.	9 a.m. – 9:15 p.m.
***Fitness Centre**	9 a.m. – 9:30 p.m.	6:30 a.m. – 9:30 p.m.	6:30 a.m. – 9:30 p.m. **Free Admission** 5 – 9:30 p.m.	6:30 a.m. – 9:30 p.m.	6:30 a.m. – 9:30 p.m. **Free Admission** noon – 1 p.m.	6:30 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.
Gymnasium	–	–	**Free Admission** 5 – 9:30 p.m.	–	**Free Admission** noon – 1 p.m.	–	–
Drop–In Aquafit	–	**Aqualite Combo** 10:15 – 11 a.m.	–	**Aqualite Combo** 10:15 – 11 a.m.	–	**Aqualite Combo** 10:15 – 11 a.m.	**Aqualite Combo** 11:30 – 12:15 p.m.
In–Person Registration	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.

For registration information, go to winnipeg.ca/cms/recreation/leisure/registration.stm.
Reserve an available space using your Active Living membership, go to winnipeg.ca/dropinfitness
Hours are subject to change. Call 311 or visit winnipeg.ca/pools for up–to–date schedule information.

*Use of fitness centre restricted to those over 16 years of age or 12 – 15 years with adult supervision.
**Please note that access to the shallow end will be limited during this time due to scheduled swimming lessons and/or the Swimming Counts! Program.

Last updated: Friday, September 25, 2026