



# Sergeant Tommy Prince Place

## 90 Sinclair St.

Schedule effective January 4 – March 21, 2026  
Entry height requirements: 44 inches/112 cm at top of shoulder

### Facility closures:

Louis Riel Day – February 16

|  | Sunday                                 | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday  |
|--|--|--|--|--|--|--|---|
| <b>Public Swim</b>                               | 9 a.m. – 11:45 a.m.<br>3 p.m. – 4 p.m. | 9 a.m. – 4:45 p.m.   | 9 a.m. – 4:30 p.m.   | 9 a.m. – 8 p.m.<br><b>Limited Space**</b><br>5 p.m. – 8 p.m. | 9 a.m. – 6:30 p.m.<br><b>Limited Space**</b><br>10 a.m. – 1 p.m. | 9 a.m. – 4:30 p.m.   | 11 a.m. – 12:45 p.m.  |
| <b>Lap swim</b>                                  | –                                      | 6:30 a.m. – 9 a.m.   | 6:30 a.m. – 9 a.m.   | 6:30 a.m. – 9 a.m.   | 6:30 a.m. – 9 a.m.   | 6:30 a.m. – 9 a.m.   | 9 a.m. – 11 a.m.  |
| <b>Reduced Admission Fees</b><br>(Pool use only) | <b>Free swim</b><br>4 – 5 p.m.         | –  | <b>Free teen swim</b><br><b>9–19 years</b><br>6:30 – 8:30 p.m. | –  | –  | <b>Loonie/Toonie</b><br>4:30 – 7 p.m.                      | <b>Loonie/Toonie</b><br>4 – 6:30 p.m.<br><b>Free Teen Swim</b><br><b>9–19 years</b><br>7 – 9 p.m. |
| <b>Showers and Locker-Room Availability</b>      | 9 a.m. – 5:15 p.m.                     | 6:30 a.m. – 8:15 p.m.                                      | 6:30 a.m. – 8:45 p.m.  | 6:30 a.m. – 8:15 p.m.  | 6:30 a.m. – 8:15 p.m.  | 6:30 a.m. – 7:15 p.m.                                      | 9:00 a.m. – 9:15 p.m.   |
| <b>*Fitness Centre</b>                           | 9 a.m. – 9:30 p.m.                     | 9 a.m. – 9:30 p.m.   | 9 a.m. – 9:30 p.m.<br><b>Free Admission</b><br>5 – 9:30 p.m.   | 9 a.m. – 9:30 p.m.   | 9 a.m. – 9:30 p.m.<br><b>Free Admission</b><br>Noon – 1 p.m.     | 9 a.m. – 9:30 p.m.   | 9 a.m. – 9:30 p.m.  |
| <b>Gymnasium</b>                                 | –                                      | –  | <b>Free Admission</b><br>5 – 9:30 p.m..                        | –  | <b>Free Admission</b><br>Noon – 1 p.m.                           | –  | –   |
| <b>Drop-In Aquafit</b>                           | –                                      | <b>Aqualite Combo</b><br>10:15 – 11 a.m.<br>Jan 5 – Mar 16 | –  | <b>Aqualite Combo</b><br>10:15 – 11 a.m.<br>Jan 7 – Mar 18   | –  | <b>Aqualite Combo</b><br>10:15 – 11 a.m.<br>Jan 9 – Mar 20 | <b>Aqualite Combo</b><br>11:30 – 12:15 p.m.<br>Jan 10 – Mar 21                                    |
| <b>In-Person Registration</b>                    | 9 a.m. – 9:30 p.m.                     | 9 a.m. – 9:30 p.m.   | 9 a.m. – 9:30 p.m.   | 9 a.m. – 9:30 p.m.   | 9 a.m. – 9:30 p.m.   | 9 a.m. – 9:30 p.m.   | 9 a.m. – 9:30 p.m.  |

For registration information, go to [winnipeg.ca/cms/recreation/leisure/registration.stm](http://winnipeg.ca/cms/recreation/leisure/registration.stm).

Reserve an available space using your Active Living membership, go to [winnipeg.ca/dropinfitness](http://winnipeg.ca/dropinfitness)

Hours are subject to change. Call 311 or visit [winnipeg.ca/pools](http://winnipeg.ca/pools) for up-to-date schedule information.

\*Use of fitness centre restricted to those over 16 years of age or 12 – 15 years with adult supervision.

\*\*Please note that access to the shallow end will be limited during this time due to scheduled swimming lessons and/or the Swimming Counts! Program.