



Sergeant Tommy Prince Place

90 Sinclair St.

Schedule effective January 4 – March 21, 2026

Entry height requirements: 44 inches/112 cm at top of shoulder

Facility closures:

Louis Riel Day – February 16

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Swim	9 a.m. – 11:45 a.m. 3 p.m. – 4 p.m.	9 a.m. – 4:45 p.m.	9 a.m. – 4:30 p.m.	9 a.m. – 8 p.m. Limited Space** 5 p.m. – 8 p.m.	9 a.m. – 6:30 p.m. Limited Space** 10 a.m. – 1 p.m.	9 a.m. – 4:30 p.m.	11 a.m. – 12:45 p.m.
Lap swim	–	6:30 a.m. – 9 a.m.	6:30 a.m. – 9 a.m.	6:30 a.m. – 9 a.m.	6:30 a.m. – 9 a.m.	6:30 a.m. – 9 a.m.	9 a.m. – 11 a.m.
Reduced Admission Fees (Pool use only)	Free swim 4 – 5 p.m.	–	Free teen swim 9–19 years 6:30 – 8:30 p.m.	–	–	Loonie/Toonie 4:30 – 7 p.m.	Loonie/Toonie 4 – 6:30 p.m. Free Teen Swim 9–19 years 7 – 9 p.m.
Showers and Locker-Room Availability	9 a.m. – 5:15 p.m.	6:30 a.m. – 8:15 p.m.	6:30 a.m. – 8:45 p.m.	6:30 a.m. – 8:15 p.m.	6:30 a.m. – 8:15 p.m.	6:30 a.m. – 7:15 p.m.	9:00 a.m. – 9:15 p.m.
*Fitness Centre	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m. Free Admission 5 – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m. Free Admission Noon – 1 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.
Gymnasium	–	–	Free Admission 5 – 9:30 p.m..	–	Free Admission Noon – 1 p.m.	–	–
Drop-In Aquafit	–	Aqualite Combo 10:15 – 11 a.m. Jan 5 – Mar 16	–	Aqualite Combo 10:15 – 11 a.m. Jan 7 – Mar 18	–	Aqualite Combo 10:15 – 11 a.m. Jan 9 – Mar 20	Aqualite Combo 11:30 – 12:15 p.m. Jan 10 – Mar 21
In-Person Registration	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.

For registration information, go to winnipeg.ca/cms/recreation/leisure/registration.stm.

Reserve an available space using your Active Living membership, go to winnipeg.ca/dropinfitness

Hours are subject to change. Call 311 or visit winnipeg.ca/pools for up-to-date schedule information.

*Use of fitness centre restricted to those over 16 years of age or 12 – 15 years with adult supervision.

**Please note that access to the shallow end will be limited during this time due to scheduled swimming lessons and/or the Swimming Counts! Program.