



# Sergeant Tommy Prince Place

## 90 Sinclair St.

Schedule effective September 28 – December 13, 2025

Entry height requirements: 44 inches/112 cm at top of shoulder

### Facility closures:

National Day for Truth and Reconciliation -

Tuesday, September 30

Thanksgiving Day – Monday, October 13

Remembrance Day – Tuesday, November 11

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Public swim</b>	9 – 11:45 a.m. 3 – 4 p.m.	9 a.m. – 4:45 p.m.	9 a.m. – 4:30 p.m.	9 a.m. – 8 p.m.	9 – 10 a.m. <b>Limited space**</b> <b>10 a.m. – 1 p.m.</b> 1 – 6:30 p.m.	9 a.m. – 4:30 p.m.	11 a.m. – 12:45 p.m.
<b>Lap swim</b>	—	—	<b>25 Meters – 1 Lane</b> 9 – 10 a.m.	—	<b>25 Meters – 1 Lane</b> 9 – 10 a.m.	—	<b>25 meters – 1 Lane</b> <b>50 meters – 4 Lanes</b> 9 – 11 a.m.
<b>Reduced admission fees</b> (Pool use only)	<b>Free swim</b> 4 – 5 p.m.	—	<b>Free youth swim</b> <b>(9–19 years)</b> 6:30 – 8:30 p.m.	—	—	<b>Loonie/Toonie swim</b> 4:30 – 7 p.m.	<b>Loonie/Toonie swim</b> 4 – 6:30 p.m. <b>Free youth swim</b> <b>(9–19 years)</b> 7 – 9 p.m.
<b>Showers and locker room availability</b>	9 a.m. – 5:15 p.m.	9 a.m. – 8:15 p.m.	9 a.m. – 8:45 p.m.	9 a.m. – 8:15 p.m.	9 a.m. – 8:15 p.m.	9 a.m. – 7:15 p.m.	9 a.m. – 9:15 p.m.
<b>*Fitness centre</b>	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m. <b>Free admission</b> 5 – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m. <b>Free admission</b> noon – 1 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.
<b>Gymnasium</b>	—	—	<b>Free admission</b> 5 – 9:30 p.m.	—	<b>Free admission</b> noon – 1 p.m.	—	—
<b>Drop-in Aquafit</b>	—	<b>Aqualite Combo</b> 10:15 – 11 a.m. Oct 6 – Dec 8	—	<b>Aqualite Combo</b> 10:15 – 11 a.m. Oct 1 – Dec 10	—	<b>Aqualite Combo</b> 10:15 – 11 a.m. Oct 3 – Dec 12	—
<b>In-person registration</b>	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.	9 a.m. – 9:30 p.m.

For registration information, go to [winnipeg.ca/cms/recreation/leisure/registration.stm](http://winnipeg.ca/cms/recreation/leisure/registration.stm).

Reserve an available space using your Active Living membership, go to [winnipeg.ca/dropinfitness](http://winnipeg.ca/dropinfitness)

Hours are subject to change. Call 311 or visit [winnipeg.ca/pools](http://winnipeg.ca/pools) for up-to-date schedule information.

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\*Use of fitness centre restricted to those over 16 years of age or 12 – 15 years with adult supervision.

\*\*Please note that access to the shallow end will be limited during this time due to scheduled swimming lessons and/or the Swimming Counts! program.