



Kinsmen Sherbrook Pool

381 Sherbrook St.

Schedule effective December 14, 2025– January 3, 2026

Entry height requirements: 44 inches/112 cm at top of shoulder

Facility closures:

Christmas Eve – Wednesday, December 24
(closed at 11:30 a.m.)

Christmas Day – Thursday, December 25

Boxing Day – Friday, December 26

New Year's Eve – Wednesday, December 31
(closed at 4 p.m.)

New Year's Day – Thursday, January 1

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|---|---|---|
| Public swim | 9 a.m. – 2 p.m. | 2 – 5 p.m. | 4 – 8 p.m. | 2 – 5 p.m. | Limited space 9 a.m. – noon 2 – 8 p.m. | — | — |
| Reduced admission fees | Loonie/Toonie swim 2 – 4 p.m. | — | Loonie/Toonie swim Limited space 9 a.m. – noon 2 – 4 p.m. | — | — | Free swim 2 – 5 p.m. | Free swim 3 – 5 p.m. Loonie/Toonie swim 5 – 7 p.m. |
| Lap swim | — | 6:45 – 9:15 a.m. 11:30 a.m. – 2 p.m. | 6:45 – 9 a.m. noon – 2 p.m. | 6:45 – 9:15 a.m. 11:30 a.m. – 2 p.m. | 6:45 – 9 a.m. noon – 2 p.m. | 6:45 – 9:15 a.m. 11:30 a.m. – 2 p.m. | — |
| Specialty swim | Women's swim 4:30 – 7 p.m. | — | — | — | — | — | — |
| Fitness centre* | 9 a.m. – 4 p.m. | 6:45 a.m. – 8 p.m. | 6:45 a.m. – 8 p.m. | 6:45 a.m. – 8 p.m. | 6:45 a.m. – 8 p.m. | 6:45 a.m. – 5 p.m. | noon – 7 p.m. |
| Drop-in Aquafit Starts January 5, 2026 | — | — | — | — | — | — | — |
| In-person registration | 9 a.m. – 4 p.m. | 6:45 a.m. – 8 p.m. | 6:45 a.m. – 8 p.m. | 6:45 a.m. – 8 p.m. | 6:45 a.m. – 8 p.m. | 6:45 a.m. – 5 p.m. | noon – 7 p.m. |

For registration information, go to winnipeg.ca/cms/recreation/leisure/registration.stm.

Hours are subject to change. Call 311 or visit winnipeg.ca/pools for up-to-date schedule information.

*Use of fitness centre restricted to those over 16 years of age or 12 – 15 years with adult supervision. Persons under the age of 13 years using the walk/jog area must be supervised by an adult.