Here are some ideas to get you started! 5

Check out the full list of 150 activity ideas at winnipeg.ca/150fitness

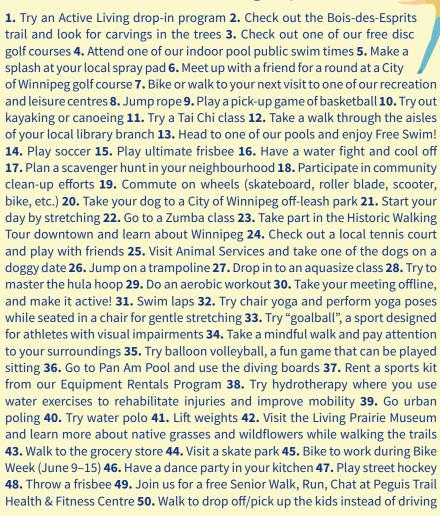




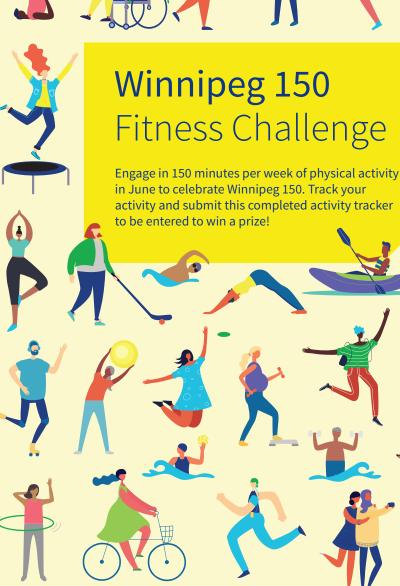












Your personal information is being collected in accordance with s.36(1)(b) of The Freedom of Information and Protection of Privacy Act. This information will be used to administer the Winnipeg 150 Fitness Challenge and will not be used or disclosed for any other purposes, except as authorized by law. If you have any questions about the collection of this information, contact the Corporate Access and Privacy Officer by mail to City Clerk's Department, Administration Building, 510 Main Street, Winnipeg MB, R3B 1B9, or by telephone at 311.

	Winni	ipeg 150 Fi	tness Challeng	ge <u>w</u> e	eek 3: June 16–22	.5
Name:				lg ! Da	te Activity	Time Active
Phone:						
Email:						
Week 1	: June 2–8					
Date	Activity		Time Active			
				W	eek 4: June 23–29	Total:
				Da		Time Active
			**			
			Total:			
Week 2:	June 9–15 Activity		Time Active			
					·	Total:
				- /1		
					Submit your completed acti	vity tracker by June 30 to any
					City of Winnipeg pool or rec	reation facility to be entered

Total: _