



## Indoor/Outdoor Pool Rules

- Height and age requirement must be met
- Walk on the pool deck — do not run
- Inflatable toys, buoyant objects or skin diving equipment are not permitted in the pool unless specific authority is provided by the lifeguard in charge
- Spitting, spouting of water, pushing and horseplay are prohibited
- When emergency buzzer sounds, clear the pool immediately
- Proper swim attire is required
- Infants must wear leak-proof swim pants
- Do not use loud or abusive language in or around the pool
- Street shoes are not permitted on the pool deck
- Have fun, but respect others

### From the Public Health Act

- a) No person infected with a communicable disease or having open sores on his or her body shall enter the water;
- b) No person shall bring a glass container onto the deck area of the pool or facility; and
- c) No person shall engage in play hazardous to other persons in and around the pool or facility.

## Lifeguards Have Complete Authority

The onsite supervisor has the right to allow or prevent access to any part of the pool or the pool in its entirety should there be any safety concerns regarding the patron's use of the facility.



For more information or to register for programs, please call 311 or visit us online at [winnipeg.ca/leisureonline](http://winnipeg.ca/leisureonline)

## Help Prevent Pool Closures

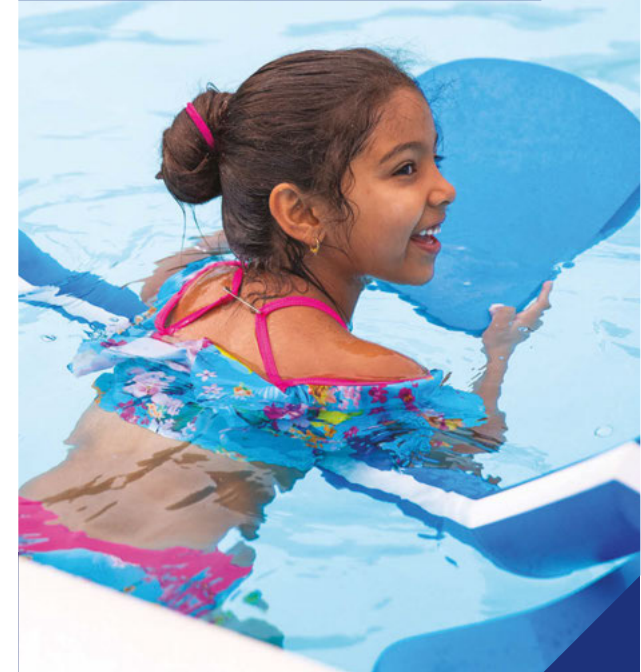
**A good routine to keep the pool clean!**  
**Before you swim, please shower with soap.**

- Please avoid eating 1 hour prior to swimming to avoid upset stomach
- Please ensure that children are taken to the washroom prior to swimming and frequently take breaks during swimming
- Non-toilet trained infants / toddlers & participants who experience incontinence must wear the appropriate leak-proof garments
- Participants should not swim if they feel ill, have an upset stomach, diarrhea or have vomited in the past day
- Be sure to change diapers in the change rooms (not pool side) and dispose of properly
- Wash your hands after using the toilet or changing diapers

*Water quality is managed according to the Manitoba Public Health Act regulations. Pool closures are a result of the contamination of pool water by fecal matter and vomit or reduced water clarity.*



# Swimming Pool Entry Requirements & Safety Guidelines



Community Services Department  
Recreation Services

*Providing safe and enjoyable aquatic experiences*

## Public Admission Entry Requirements

Minimum height requirements are site specific.

Children under the age of 7 will not be allowed entry into the pool unless accompanied by a parent/guardian/caregiver at a ratio of 1 (parent/guardian/caregiver) to 4 (children).

### Children under the age of 7

#### Who cannot swim:

- Must be accompanied in the water by a parent/guardian/caregiver at a ratio of 1 (parent/guardian/caregiver) to 4 (children)
- Parent/guardian/caregiver must be within arm's reach of the children
- Must wear a lifejacket/PFD (personal flotation device)
- Are restricted to the shallow end

#### Who can swim:

- Must be accompanied in the water by a parent/guardian/caregiver at a ratio of 1 (parent/guardian/caregiver) to 4 (children)
- Parent/guardian/caregiver must be within arm's reach of the children
- Upon demonstration of swimming ability may enter the pool without a lifejacket/PFD (personal flotation device)

### Children 7 years and older

#### Who do not meet the height requirements & cannot swim:

- Must be accompanied in the water by a parent/guardian/caregiver at a ratio of 1 (parent/guardian/caregiver) to 4 (children)
- Parent/guardian/caregiver must be within arm's reach of the children
- Are restricted to the shallow end
- Must wear a lifejacket/PFD (personal flotation device)

#### Who do not meet the height requirement & can swim:

- Must be accompanied by a parent/guardian/caregiver at a ratio of 1 (parent/guardian/caregiver) to 4 (children)
- Upon demonstration of swimming ability may enter the pool without a lifejacket/PFD (personal flotation device)

#### Who meet the height requirement & cannot swim:

- Are restricted to the shallow end
- A lifejacket/PFD (personal flotation device) is optional

#### Who meet the height requirements & can swim:

- Are able to swim independently in the shallow end
- Upon demonstration of swimming ability may enter deeper water without a lifejacket/PFD (personal flotation device)



### Height Requirements

Minimum height requirements are site specific.  
Visit [winnipeg.ca/pools](http://winnipeg.ca/pools) or contact 311 for more information.

## School and Group Admissions

A group of 9 or more people, or any organized program or event attending an aquatic facility should book in advance by calling 311. When using City of Winnipeg aquatic facilities, groups are required to adhere to all admission requirements.

### Schools and groups are required to:

- Contact 311 at least 14 days prior to the planned visit
- Obtain height requirements specific to the pool being attended
- Follow public admission entry requirements
- Pay at time of booking

#### Prior to arrival:

Identify students/participants who **do not** meet the height requirement and **cannot swim** and be prepared to adhere to these rules:

- Students/participants must be accompanied in the water by an adult at a ratio of 1 adult to 4 children
- Adult must be within arm's reach of the children
- Students/participants must wear a lifejacket/PFD (personal flotation device)
- Students/participants are restricted to the shallow end

Identify students/participants who **do not** meet the height requirement and **can swim** and be prepared to adhere to these rules:

- Students/participants must be accompanied by an adult at a ratio of 1 adult to 4 children
- Upon demonstration of swimming ability, students/participants may enter the pool without a lifejacket/PFD (personal flotation device)
- A general rule of thumb is completion of Level 5 of the Red Cross Swim Kids Program or Swimmer 4 of the Lifesaving Society Swim for Life Program

Identify students/participants **who meet** the height requirement but **cannot swim** and be prepared to adhere to these rules:

- Students/participants are restricted to the shallow end
- A lifejacket/PFD (personal flotation device) is optional

#### Upon arrival at the pool, contact the onsite supervisor.

- The onsite supervisor will review the pool rules
- Identify to the onsite supervisor those students/participants who require a lifejacket/PFD (personal flotation device)
- Identify to the onsite supervisor those students/participants who wish access to the deep water. The onsite supervisor will then have the swimmers perform a short swim evaluation to confirm their ability.

#### Please note:

- Access for school groups is only available Monday to Friday, 9:00 a.m.–4:00 p.m.
- There are no group booking fees, but regular admission fees apply.
- Depending on the details of the booking, other options such as a swim lane rental may be recommended instead of a group booking.