



# Mikinack Gí Na Ma Kawin "Turtle Teachings"

Free cultural programming for youth of all ages.  
Parents welcome!

Join us in restoring our traditions & identifying  
our culture every Wednesday from 4-8.

Cultural Teachings  
Elder Teachings  
Medicine Picking  
Sweat Lodge Ceremony  
Sundance Ceremony

Aboriginal History  
Traditional Arts & Crafts  
Pow Wow Outings  
Naming Ceremony  
& Much More!

Rites of Passage for Youth to Adult

Vision Quests for Young Men  
Makoose Ka Win for Young Women

Starting April 17, 2013

All are welcome, please call to register!

For more information go to [www.thebnc.ca](http://www.thebnc.ca)



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