

**\*\*\* FACILITY CLOSED AND ALL PATRONS TO LEAVE BUILDING BETWEEN TIME SLOTS FOR CLEANING \*\*\***

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Public Swim</b>	Regular Admission 2:30 pm – 4:30 pm	Regular Admission 9:15 am – 11:15 am 2:15 pm – 4:15 pm 4:45 pm – 6:30 pm	Regular Admission 9:00 am – 11:00 am 2:00 pm – 4:00 pm 4:30 pm – 6:30 pm	Regular Admission 9:15 am – 11:15 am 2:15 pm – 4:15 pm 4:45 am – 6:30 pm	Regular Admission 9:00 am – 11:00 am 2:00 pm – 4:00 pm 4:30 pm – 6:30 pm	Regular Admission 9:45 am – 12:30 pm <b>Free Swim</b> 1:00 pm – 2:45 pm 3:15 pm – 5:00 pm	Regular Admission 10:00 am – 12:00 pm 5:30 pm – 7:00 pm <b>Free Swim</b> 3:00 pm – 5:00 pm
<b>Lap Swim</b> <i>*shared/limited</i>	12:00 pm – 2:00 pm	6:45 am – 8:45 am 11:45 am – 1:45 pm 7:00 pm – 8:00 pm	11:30 am – 1:30 pm	6:45 am – 8:45 am 11:45 am – 1:45 pm 7:00 pm – 8:00 pm	11:30 am – 1:30 pm 7:00 pm – 8:00 pm	6:45 am – 9:15 am	12:30 pm – 2:30 pm
<b>Specialty</b>	<b>Women Only</b> 5:00 pm – 7:00 pm						
<b>Gym</b>	12:00 pm – 2:00 pm 2:30 pm – 4:30 pm	6:45 am – 8:45 am 9:15 am – 11:15 am 11:45 am – 1:45 pm 2:15 pm – 4:15 pm 4:45 pm – 6:30 pm 7:00 pm – 8:00 pm	9:00 am – 11:00 am 11:30 am – 1:30 pm 2:00 pm – 4:00 pm 4:30 pm – 6:30 pm	6:45 am – 8:45 am 9:15 am – 11:15 am 11:45 am – 1:45 pm 2:15 pm – 4:15 pm 4:45 pm – 6:30 pm 7:00 pm – 8:00 pm	9:00 am – 11:00 am 11:30 am – 1:30 pm 2:00 pm – 4:00 pm 4:30 pm – 6:30 pm 7:00 pm – 8:00 pm	6:45 am – 9:15 am 9:45 am – 12:30 pm 1:00 pm – 2:45 pm 3:15 pm – 5:00 pm	10:00 am – 12:00 pm 12:30 pm – 2:30 pm 3:00 pm – 5:00 pm 5:30 pm – 7:00 pm

Visit <http://winnipeg.ca/cms/recreation/registration.stm> for Registration Information. Check in-person registration times at the facility of your choice.

Check Swimming for all Ages at <http://winnipeg.ca/cms/recreation/leisureguide.stm> for swim course codes

Hours subject to change - Call 311 or visit [http://winnipeg.ca/cms/recreation/facilities/pools/indoor\\_pools/indoorpools.stm](http://winnipeg.ca/cms/recreation/facilities/pools/indoor_pools/indoorpools.stm) for schedule updates