



**THE CITY OF WINNIPEG**

# **BID OPPORTUNITY**

**BID OPPORTUNITY NO. 906-2011**

**SUPPLY AND INSTALLATION OF FITNESS EQUIPMENT FOR WINNIPEG FIRE  
PARAMEDIC SERVICE**

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## **PART B - BIDDING PROCEDURES**

### **B1. CONTRACT TITLE**

B1.1 SUPPLY AND INSTALLATION OF FITNESS EQUIPMENT FOR WINNIPEG FIRE PARAMEDIC SERVICE

### **B2. SUBMISSION DEADLINE**

B2.1 The Submission Deadline is 4:00 p.m. Winnipeg time, October 31, 2011.

B2.2 Bids determined by the Manager of Materials to have been received later than the Submission Deadline will not be accepted and will be returned upon request.

B2.3 The Contract Administrator or the Manager of Materials may extend the Submission Deadline by issuing an addendum at any time prior to the time and date specified in B2.1.

### **B3. ENQUIRIES**

B3.1 All enquiries shall be directed to the Contract Administrator identified in D3.1.

B3.2 If the Bidder finds errors, discrepancies or omissions in the Bid Opportunity, or is unsure of the meaning or intent of any provision therein, the Bidder shall promptly notify the Contract Administrator of the error, discrepancy or omission at least five (5) Business Days prior to the Submission Deadline.

B3.3 If the Bidder is unsure of the meaning or intent of any provision therein, the Bidder should request clarification as to the meaning or intent prior to the Submission Deadline.

B3.4 Responses to enquiries which, in the sole judgment of the Contract Administrator, require a correction to or a clarification of the Bid Opportunity will be provided by the Contract Administrator to all Bidders by issuing an addendum.

B3.5 Responses to enquiries which, in the sole judgment of the Contract Administrator, do not require a correction to or a clarification of the Bid Opportunity will be provided by the Contract Administrator only to the Bidder who made the enquiry.

B3.6 The Bidder shall not be entitled to rely on any response or interpretation received pursuant to B3 unless that response or interpretation is provided by the Contract Administrator in writing.

### **B4. ADDENDA**

B4.1 The Contract Administrator may, at any time prior to the Submission deadline, issue addenda correcting errors, discrepancies or omissions in the Bid Opportunity, or clarifying the meaning or intent of any provision therein.

B4.2 The Contract Administrator will issue each addendum at least two (2) Business Days prior to the Submission Deadline, or provide at least two (2) Business Days by extending the Submission Deadline.

B4.2.1 Addenda will be available on the Bid Opportunities page at The City of Winnipeg, Corporate Finance, Materials Management Division website at <http://www.winnipeg.ca/matmgt/bidopp.asp>

B4.2.2 The Bidder is responsible for ensuring that he has received all addenda and is advised to check the Materials Management Division website for addenda regularly and shortly before the Submission Deadline, as may be amended by addendum.

B4.3 The Bidder shall acknowledge receipt of each addendum in Paragraph 8 of Form A: Bid. Failure to acknowledge receipt of an addendum may render a Bid non-responsive.

## **B5. SUBSTITUTES**

- B5.1 The Work is based on the materials, equipment, methods and products specified in the Bid Opportunity.
- B5.2 Substitutions shall not be allowed unless application has been made to and prior approval has been granted by the Contract Administrator in writing.
- B5.3 Requests for approval of a substitute will not be considered unless received in writing by the Contract Administrator at least seven (7) Business Days prior to the Submission Deadline.
- B5.4 The Bidder shall ensure that any and all requests for approval of a substitute:
- (a) provide sufficient information and details to enable the Contract Administrator to determine the acceptability of the material, equipment, method or product as either an approved equal or alternative;
  - (b) identify any and all changes required in the applicable Work, and all changes to any other Work, which would become necessary to accommodate the substitute;
  - (c) identify any anticipated cost or time savings that may be associated with the substitute;
  - (d) certify that, in the case of a request for approval as an approved equal, the substitute will fully perform the functions called for by the general design, be of equal or superior substance to that specified, is suited to the same use and capable of performing the same function as that specified and can be incorporated into the Work, strictly in accordance with the Contract;
  - (e) certify that, in the case of a request for approval as an approved alternative, the substitute will adequately perform the functions called for by the general design, be similar in substance to that specified, is suited to the same use and capable of performing the same function as that specified and can be incorporated into the Work, strictly in accordance with the Contract.
- B5.5 The Contract Administrator, after assessing the request for approval of a substitute, may in his sole discretion grant approval for the use of a substitute as an “approved equal” or as an “approved alternative”, or may refuse to grant approval of the substitute.
- B5.6 The Contract Administrator will provide a response in writing, at least two (2) Business Days prior to the Submission Deadline, only to the Bidder who requested approval of the substitute.
- B5.6.1 The Bidder requesting and obtaining the approval of a substitute shall be entirely responsible for disseminating information regarding the approval to any person or persons he wishes to inform.
- B5.7 If the Contract Administrator approves a substitute as an “approved equal”, any Bidder may use the approved equal in place of the specified item.
- B5.8 If the Contract Administrator approves a substitute as an “approved alternative”, any Bidder bidding that approved alternative may base his Total Bid Price upon the specified item but may also indicate an alternative price based upon the approved alternative. Such alternatives will be evaluated in accordance with B13.
- B5.9 No later claim by the Contractor for an addition to the price(s) because of any other changes in the Work necessitated by the use of an approved equal or an approved alternative will be considered.
- B5.10 Notwithstanding B5.2 to B5.9, and in accordance with B6.7, deviations inconsistent with the Bid Opportunity document shall be evaluated in accordance with B13.1(a).

## **B6. BID SUBMISSION**

- B6.1 The Bid shall consist of the following components:

- (a) Form A: Bid;
  - (b) Form B: Prices;
- B6.2 Further to B6.1, the Bidder should include the written correspondence from the Contract Administrator approving a substitute in accordance with B5.
- B6.3 All components of the Bid shall be fully completed or provided, and submitted by the Bidder no later than the Submission Deadline, with all required entries made clearly and completely in ink, to constitute a responsive Bid.
- B6.4 The Bid Submission may be submitted by mail, courier or personal delivery, or by facsimile transmission.
- B6.5 If the Bid Submission is submitted by mail, courier or personal delivery, it shall be enclosed and sealed in an envelope clearly marked with the Bid Opportunity number and the Bidder's name and address, and shall be submitted to:
- The City of Winnipeg  
Corporate Finance Department  
Materials Management Division  
185 King Street, Main Floor  
Winnipeg MB R3B 1J1
- B6.5.1 Samples or other components of the Bid Submission which cannot reasonably be enclosed in the envelope may be packaged separately, but shall be clearly marked with the Bid Opportunity number, the Bidder's name and address, and an indication that the contents are part of the Bidder's Bid Submission.
- B6.6 Bidders are advised not to include any information/literature except as requested in accordance with B6.1.
- B6.7 Bidders are advised that inclusion of terms and conditions inconsistent with the Bid Opportunity document, including the General Conditions, will be evaluated in accordance with B13.1(a).
- B6.8 If the Bid Submission is submitted by facsimile transmission, it shall be submitted to (204) 949-1178.
- B6.8.1 The Bidder is advised that the City cannot take responsibility for the availability of the facsimile machine at any time.
- B6.9 Bids submitted by internet electronic mail (e-mail) will not be accepted.
- B7. BID**
- B7.1 The Bidder shall complete Form A: Bid, making all required entries.
- B7.2 Paragraph 2 of Form A: Bid shall be completed in accordance with the following requirements:
- (a) if the Bidder is a sole proprietor carrying on business in his own name, his name shall be inserted;
  - (b) if the Bidder is a partnership, the full name of the partnership shall be inserted;
  - (c) if the Bidder is a corporation, the full name of the corporation shall be inserted;
  - (d) if the Bidder is carrying on business under a name other than his own, the business name and the name of every partner or corporation who is the owner of such business name shall be inserted.
- B7.2.1 If a Bid is submitted jointly by two or more persons, each and all such persons shall identify themselves in accordance with B7.2.
- B7.3 In Paragraph 3 of Form A: Bid, the Bidder shall identify a contact person who is authorized to represent the Bidder for purposes of the Bid.

- B7.4 Paragraph 10 of Form A: Bid shall be signed in accordance with the following requirements:
- (a) if the Bidder is a sole proprietor carrying on business in his own name, it shall be signed by the Bidder;
  - (b) if the Bidder is a partnership, it shall be signed by the partner or partners who have authority to sign for the partnership;
  - (c) if the Bidder is a corporation, it shall be signed by its duly authorized officer or officers;
  - (d) if the Bidder is carrying on business under a name other than his own, it shall be signed by the registered owner of the business name, or by the registered owner's authorized officials if the owner is a partnership or a corporation.
- B7.4.1 The name and official capacity of all individuals signing Form A: Bid should be printed below such signatures.
- B7.4.2 All signatures shall be original.
- B7.5 If a Bid is submitted jointly by two or more persons, the word "Bidder" shall mean each and all such persons, and the undertakings, covenants and obligations of such joint Bidders in the Bid and the Contract, when awarded, shall be both joint and several.

## **B8. PRICES**

- B8.1 The Bidder shall state a price in Canadian funds for each item of the Work identified on Form B: Prices.
- B8.1.1 Prices on Form B: Prices shall include:
- (a) duty;
  - (b) freight and cartage;
  - (c) Provincial and Federal taxes [except the Goods and Services Tax (GST) and Manitoba Retail Sales Tax (MRST, also known as PST), which shall be extra where applicable] and all charges governmental or otherwise paid;
  - (d) profit and all compensation which shall be due to the Contractor for the Work and all risks and contingencies connected therewith.
- B8.1.2 Prices on Form B: Prices shall not include the Manitoba Association for Resource Recovery Corporation (MARRC) Environmental Handling Charge (EHC) which shall be extra where applicable.
- B8.2 The quantities listed on Form B: Prices are to be considered approximate only. The City will use said quantities for the purpose of comparing Bids.
- B8.3 The quantities for which payment will be made to the Contractor are to be determined by the Work actually performed and completed by the Contractor, to be measured as specified in the applicable Specifications.

## **B9. QUALIFICATION**

- B9.1 The Bidder shall:
- (a) undertake to be in good standing under The Corporations Act (Manitoba), or properly registered under The Business Names Registration Act (Manitoba), or otherwise properly registered, licensed or permitted by law to carry on business in Manitoba, or if the Bidder does not carry on business in Manitoba, in the jurisdiction where the Bidder does carry on business; and
  - (b) be financially capable of carrying out the terms of the Contract; and
  - (c) have all the necessary experience, capital, organization, and equipment to perform the Work in strict accordance with the terms and provisions of the Contract.

- B9.2 The Bidder and any proposed Subcontractor (for the portion of the Work proposed to be subcontracted to them) shall:
- (a) be responsible and not be suspended, debarred or in default of any obligations to the City. A list of suspended or debarred individuals and companies is available on the Information Connection page at The City of Winnipeg, Corporate Finance, Materials Management Division website at <http://www.winnipeg.ca/matmgt/debar.stm>
- B9.3 The Bidder and/or any proposed Subcontractor (for the portion of the Work proposed to be subcontracted to them) shall:
- (a) have successfully carried out work similar in nature, scope and value to the Work; and
  - (b) be fully capable of performing the Work required to be in strict accordance with the terms and provisions of the Contract; and
  - (c) have a written workplace safety and health program, if required, pursuant to The Workplace Safety and Health Act (Manitoba);
- B9.4 The Bidder shall submit, within three (3) Business Days of a request by the Contract Administrator, proof satisfactory to the Contract Administrator of the qualifications of the Bidder and of any proposed Subcontractor.
- B9.5 The Bidder shall provide, on the request of the Contract Administrator, full access to any of the Bidder's equipment and facilities to confirm, to the Contract Administrator's satisfaction, that the Bidder's equipment and facilities are adequate to perform the Work.

## **B10. OPENING OF BIDS AND RELEASE OF INFORMATION**

- B10.1 Bids will not be opened publicly.
- B10.2 Following the Submission Deadline, the names of the Bidders and their bid prices (unevaluated, and pending review and verification of conformance with requirements or evaluated prices) will be available on the Closed Bid Opportunities (or Public/Posted Opening & Award Results) page at The City of Winnipeg, Corporate Finance, Materials Management Division website at <http://www.winnipeg.ca/matmgt>
- B10.3 After award of Contract, the name(s) of the successful Bidder(s) and the Contract amount(s) will be available on the Closed Bid Opportunities (or Public/Posted Opening & Award Results) page at The City of Winnipeg, Corporate Finance, Materials Management Division website at <http://www.winnipeg.ca/matmgt>
- B10.4 The Bidder is advised that any information contained in any Bid may be released if required by City policy or procedures, by The Freedom of Information and Protection of Privacy Act (Manitoba), by other authorities having jurisdiction, or by law.

## **B11. IRREVOCABLE BID**

- B11.1 The Bid(s) submitted by the Bidder shall be irrevocable for the time period specified in Paragraph 9 of Form A: Bid.
- B11.2 The acceptance by the City of any Bid shall not release the Bids of the next two lowest evaluated responsive Bidders and these Bidders shall be bound by their Bids on such Work for the time period specified in Paragraph 9 of Form A: Bid.

## **B12. WITHDRAWAL OF BIDS**

- B12.1 A Bidder may withdraw his Bid without penalty by giving written notice to the Manager of Materials at any time prior to the Submission Deadline.
- B12.1.1 Notwithstanding C21, the time and date of receipt of any notice withdrawing a Bid shall be the time and date of receipt as determined by the Manager of Materials.

- B12.1.2 The City will assume that any one of the contact persons named in Paragraph 3 of Form A: Bid or the Bidder's authorized representatives named in Paragraph 10 of Form A: Bid, and only such person, has authority to give notice of withdrawal.
- B12.1.3 If a Bidder gives notice of withdrawal prior to the Submission Deadline, the Manager of Materials will:
- (a) retain the Bid until after the Submission Deadline has elapsed;
  - (b) open the Bid to identify the contact person named in Paragraph 3 of Form A: Bid and the Bidder's authorized representatives named in Paragraph 10 of Form A: Bid; and
  - (c) if the notice has been given by any one of the persons specified in B12.1.3(b), declare the Bid withdrawn.
- B12.2 A Bidder who withdraws his Bid after the Submission Deadline but before his Bid has been released or has lapsed as provided for in B11.2 shall be liable for such damages as are imposed upon the Bidder by law and subject to such sanctions as the Chief Administrative Officer considers appropriate in the circumstances. The City, in such event, shall be entitled to all rights and remedies available to it at law.

### **B13. EVALUATION OF BIDS**

- B13.1 Award of the Contract shall be based on the following bid evaluation criteria:
- (a) compliance by the Bidder with the requirements of the Bid Opportunity, or acceptable deviation therefrom (pass/fail);
  - (b) qualifications of the Bidder and the Subcontractors, if any, pursuant to B9 (pass/fail);
  - (c) Total Bid Price;
  - (d) economic analysis of any approved alternative pursuant to B5;
  - (e) costs to the City of administering multiple contracts.
- B13.2 Further to B13.1(a), the Award Authority may reject a Bid as being non-responsive if the Bid Submission is incomplete, obscure or conditional, or contains additions, deletions, alterations or other irregularities. The Award Authority may reject all or any part of any Bid, or waive technical requirements or minor informalities or irregularities if the interests of the City so require.
- B13.3 Further to B13.1(b), the Award Authority shall reject any Bid submitted by a Bidder who does not demonstrate, in his Bid or in other information required to be submitted, that he is responsible and qualified.
- B13.4 Further to B13.1(c), the Total Bid Price shall be the sum of the quantities multiplied by the unit prices for each item shown on Form B: Prices.
- B13.5 This Contract may be awarded as a whole or separately by item as identified on Form B: Prices.
- B13.5.1 Notwithstanding B8.1, the Bidder may, but is not required to bid on all items.
- B13.5.2 Notwithstanding B14.3, the City shall not be obligated to award any item to the responsible Bidder submitting the lowest evaluated responsive Bid for the item and shall have the right to choose the alternative which is in its best interests. If the Bidder has not bid on all items, he shall have no claim against the City if his partial Bid is rejected in favour of an award of the Contract as a whole.

### **B14. AWARD OF CONTRACT**

- B14.1 The City will give notice of the award of the Contract or will give notice that no award will be made.



- B14.2 The City will have no obligation to award a Contract to a Bidder, even though one or all of the Bidders are determined to be responsible and qualified, and the Bids are determined to be responsive.
- B14.2.1 Without limiting the generality of B14.2, the City will have no obligation to award a Contract where:
- (a) the prices exceed the available City funds for the Work;
  - (b) the prices are materially in excess of the prices received for similar work in the past;
  - (c) the prices are materially in excess of the City's cost to perform the Work, or a significant portion thereof, with its own forces;
  - (d) only one Bid is received; or
  - (e) in the judgment of the Award Authority, the interests of the City would best be served by not awarding a Contract.
- B14.3 Where an award of Contract is made by the City, the award shall be made to the responsible and qualified Bidder submitting the lowest evaluated responsive Bid, in accordance with B13.
- B14.3.1 Following the award of contract, a Bidder will be provided with information related to the evaluation of his Bid upon written request to the Contract Administrator.
- B14.4 Notwithstanding C4 and Paragraph 6 of Form A:Bid, the City will issue a Purchase Order to the successful Bidder in lieu of the execution of a Contract.
- B14.5 The Contract Documents, as defined in C1.1(n)(ii) in their entirety shall be deemed to be incorporated in and to form a part of the Purchase Order notwithstanding that they are not necessarily attached to or accompany said Purchase Order.

## **PART C - GENERAL CONDITIONS**

### **C0. GENERAL CONDITIONS**

- C0.1 The *General Conditions for the Supply of Goods* (Revision 2008 05 26) are applicable to the Work of the Contract.
- C0.1.1 The *General Conditions for the Supply of Goods* are available on the Information Connection page at The City of Winnipeg, Corporate Finance, Materials Management Division website at [http://www.winnipeg.ca/matmgt/gen\\_cond.stm](http://www.winnipeg.ca/matmgt/gen_cond.stm)
- C0.2 A reference in the Bid Opportunity to a section, clause or subclause with the prefix “**C**” designates a section, clause or subclause in the *General Conditions for Supply of Goods*.

## **PART D - SUPPLEMENTAL CONDITIONS**

### **GENERAL**

#### **D1. GENERAL CONDITIONS**

D1.1 In addition to the *General Conditions for the Supply of Goods*, these Supplemental Conditions are applicable to the Work of the Contract.

#### **D2. SCOPE OF WORK**

D2.1 The Work to be done under the Contract shall consist of the Supply and Installation of Fitness Equipment - Treadmill and Recumbent Bike for the Winnipeg Fire Paramedic Service.

#### **D3. CONTRACT ADMINISTRATOR**

D3.1 The Contract Administrator is:

Stephen Sumka  
Acting Deputy Chief – Support Services  
Winnipeg Fire Paramedic Service

Telephone No.: (204) 986-3676

Facsimile No.: (204) 986-7920

Email: [ssumka@winnipeg.ca](mailto:ssumka@winnipeg.ca)

#### **D4. NOTICES**

D4.1 Notwithstanding C21.3, all notices of appeal to the Chief Administrative Officer shall be sent to the attention of the Chief Financial Officer at the following facsimile number:

The City of Winnipeg  
Chief Financial Officer

Facsimile No.: (204) 949-1174

### **SUBMISSIONS**

#### **D5. AUTHORITY TO CARRY ON BUSINESS**

D5.1 The Contractor shall be in good standing under The Corporations Act (Manitoba), or properly registered under The Business Names Registration Act (Manitoba), or otherwise properly registered, licensed or permitted by law to carry on business in Manitoba, or if the Contractor does not carry on business in Manitoba, in the jurisdiction where the Contractor does carry on business, throughout the term of the Contract, and shall provide the Contract Administrator with evidence thereof upon request.

### **SCHEDULE OF WORK**

#### **D6. COMMENCEMENT**

D6.1 The Contractor shall not commence any Work until he is in receipt of a notice of award from the City authorizing the commencement of the Work.

D6.2 The Contractor shall not commence any Work until:

- (a) the Contract Administrator has confirmed receipt and approval of:
  - (i) evidence of authority to carry on business specified in D5;

- (b) the Contractor has attended a meeting with the Contract Administrator, or the Contract Administrator has waived the requirement for a meeting.

#### **D7. DELIVERY**

- D7.1 Goods shall be delivered within twenty-one (21) Calendar Day(s) of the award of contract, f.o.b. destination, freight prepaid to:  
Winnipeg Fire Paramedic Station # 27  
27 Sage Creek Boulevard  
Winnipeg, MB
- D7.2 The Contractor shall confirm delivery with the Contract Administrator or his/her designate, at least two (2) Business Days before delivery.
- D7.3 Goods shall be delivered between 8:30 a.m. and 4:30 p.m. on Business Days.
- D7.4 The Contractor shall off-load goods as directed at the delivery location.

#### **D8. LIQUIDATED DAMAGES**

- D8.1 If the Contractor fails to achieve delivery of the goods within the time specified in D7.1 Delivery he Contractor shall pay the City thirty dollars (\$30.00) per Calendar Day for each and every Calendar Day until the goods have been delivered.
- D8.2 The amount specified for liquidated damages in D8.1 is based on a genuine pre-estimate of the City's damages in the event that the Contractor does not achieve Delivery by the day fixed herein for same.
- D8.3 The City may reduce any payment to the Contractor by the amount of any liquidated damages assessed.

#### **MEASUREMENT AND PAYMENT**

##### **D9. INVOICES**

- D9.1 Further to C10, the Contractor shall submit an invoice for each order delivered to:  
The City of Winnipeg  
Corporate Finance - Accounts Payable  
4th Floor, Administration Building, 510 Main Street  
Winnipeg MB R3B 1B9  
Facsimile No.: (204) 949-0864  
Email: [CityWpgAP@winnipeg.ca](mailto:CityWpgAP@winnipeg.ca)
- D9.2 Invoices must clearly indicate, as a minimum:
  - (a) the City's purchase order number;
  - (b) date of delivery;
  - (c) delivery address;
  - (d) type and quantity of goods delivered;
  - (e) the amount payable with GST and MRST shown as separate amounts; and
  - (f) the Contractor's GST registration number.
- D9.3 The City will bear no responsibility for delays in approval of invoices which are improperly submitted.
- D9.4 Bids Submissions must be submitted to the address in B6.5.

**D10. PAYMENT**

D10.1 Further to C10, the City may at its option pay the Contractor by direct deposit to the Contractor's banking institution.

**D11. PAYMENT SCHEDULE**

D11.1 Further to C10, payment shall be in Canadian funds net thirty (30) Calendar Days after receipt and approval of the Contractor's invoice.

**WARRANTY**

**D12. WARRANTY**

D12.1 Further to C11, for the Recumbent Bike and the Treadmills each shall have a life time warranty on the frames, they shall have a five (5) years warranty for the motors, electronics and spare parts also each item shall have two (2) years on labour.

D12.2 Notwithstanding C11.2, the warranty period for each item of Work supplied shall begin on the date of successful delivery and expire as shown in D11.2 unless extended, in which case it shall expire when provided for thereunder.

D12.3 For the purpose of warranty repairs, the Bidder shall have an authorized service facility located within twenty five (25) km of the boundaries of the City of Winnipeg. The facility, or a portion thereof, shall be dedicated to the service and maintenance of the type equipment being offered. Bidders shall provide a description of the service facility including, but not limited to, number of qualified service staff, years of service experience, and general service capabilities within three(3) Business Days upon request by the Contract Administrator.

## PART E - SPECIFICATIONS

### GENERAL

#### E1. APPLICABLE SPECIFICATIONS AND DRAWINGS

- E1.1 These Specifications shall apply to the Work.
- E1.2 Bidders are reminded that requests for approval of substitutes as an approved equal or an approved alternative shall be made in accordance with B5.

#### E2. GOODS

- E2.1 The Contractor shall supply fitness equipment in accordance with the requirements hereinafter specified.

- E2.2 Item No. 1 – Treadmill shall be Vision Fitness T9700HRT commercial treadmill, with the following salient features:

- (a) Motor: 3.0 hp DC motor with **internal cooling fan**
- (b) Programs: **Sprint 8**, Manual, Muscle Toner, Speed Interval, 5k, Fat Burner, Pacer, HRT Weight Loss, HRT Cardio, HRT Endurance, HRT Interval, 5 Custom
- (c) Heart rate: touch and telemetric
- (d) Feedback: Elevation, Speed, Distance, Time, Heart Rate, Calories, Pace, Avg. Pace, Avg. Speed, Percent Heart Rate
- (e) Console: Quick keys for speed and elevation, water bottle holder, reading rack
- (f) Safety: Quick stop button and tethered safety key
- (g) Belt Area: 60" x 20"
- (h) Elevation: 0 to 15% Cambridge Motor Works (**center mounted**) elevation motor
- (i) Speed: .5 to 12 MPH
- (j) Deck: 1" Prewaxed Phenolic, reversible
- (k) Cushioning: **8 variable-durometer elastomer cushions**
- (l) Belt: Siegling COOL-WEAVE™ 2-Ply Urethane High Conductivity
- (m) Rollers: 2.5" Crowned with large O.D. Bearings
- (n) Frame: Extra-Heavy Gauge Steel Welded
- (o) End caps: **Metal**
- (p) Entertainment Plug-In
- (q) Max User Weight: 400lbs

- E2.3 Item No. 2 – Recumbent Bike shall be Vision Fitness R70 commercial recumbent bike, with the following salient features

- (a) **Step-thru frame**
- (b) Programs: Manual, Interval, Fat Burn, **Watts**, **Sprint 8**, HRT Cardio, HRT Weight Loss, HRT Interval, HRT Hill, 5 Custom Programs
- (c) Feedback: Speed, Distance, Calories, RPM, Level, Watts, Time, METs, Heart Rate, Percent Heart Rate, Target Heart Rate, Profile
- (d) Heart Rate: Contact and Telemetric
- (e) Program/Resistance levels: 20
- (f) Resistance System: **Cambridge Motor Works™ Generator**

- (g) Drive Train: **QUIET-GLIDE™ Supersilent Poly-V Belt**
- (h) Frame: **Extra-Heavy** Gauge Steel Welded
- (i) TV Ready
- (j) Integrated reading rack
- (k) Seat: **Club COMFORT ARC™ w/Adjustable Lumbar Control**
- (l) Seat Rail: Aluminum, 28 positions
- (m) Handlebars: Extended console and Seat w/Contact Heart Rate **Remote Control Grips**
- (n) Pedals: **Self-Balancing** w/Easy-Adjust Straps
- (o) Power: **Self Generating**
- (p) Max user weight: 400lbs

E2.4 Item No. 3 – Elliptical shall be **Vision Fitness X70 Commercial Elliptical**, with the following salient features:

- (a) Programming: **SPRINT 8**, Manual, Interval, Fat Burn, Watts, HRT Cardio, HRT Weight Loss, HRT Interval, HRT Hill, 3 Trail Programs, 5 Custom Programs
- (b) Console Feedback: LED w/Scrolling Alphanumeric Feedback, Customizable Upper Display, Oversized Dot-Matrix, Integrated Reading Rack
- (c) Heart Rate: Contact & Telemetric
- (d) Program Levels: 20
- (e) Resistance System: Cambridge Motor Works™ Generator
- (f) Drive Train: Quiet-Glide™ Supersilent Poly-V Belt
- (g) **Rails and Wheels: Enclosed with attached brush for cleaning**
- (h) Frame: Extra-heavy Gauge Steel Welded
- (i) Stride Length: 19 3/4"
- (j) Power: Self-generating
- (k) Dimensions: 80"L x 27"W x 72"H
- (l) Product Weight: 287 lbs.
- (m) Max. User Weight: 400 lbs.
- (n)

E2.5 Item No. 4 – Upright Cycle shall be **Vision Fitness U70 Commercial Upright Cycle**, with the following salient features: .

- (a) Programming: **SPRINT 8**, Manual, Interval, Fat Burn, Watts, HRT Cardio, HRT Weight Loss, HRT Interval, HRT Hill, 3 Trail Programs, 5 Custom Programs
- (b) Console Feedback: LED w/Scrolling Alphanumeric Feedback, Customizable Upper Display, Oversized Dot-Matrix, Integrated Reading Rack
- (c) Heart Rate: Contact & Telemetric
- (d) Program Levels: 20
- (e) **Start up speed: 15 RPMS**
- (f) Frame: Extra-heavy Gauge Steel Welded
- (g) Resistance System: Cambridge Motor Works™ Generator
- (h) Drive Train: Quiet-Glide™ Supersilent Poly-V Belt
- (i) Seat: Club Comfort Arc™ Upright
- (j) Seat Post: Chrome-plated Steel, 15 Positions
- (k) Handlebars: Multi-position with Armrests

- (l) **Pedals: Self-balancing with Easy-adjust Straps**
  - (m) Power: Self-generating
  - (n) Dimensions: 41"L x 26"W x 56"H
  - (o) Product Weight: 124 lbs.
  - (p) Max. User Weight: 400 lbs.
- E2.6 Item No. 5 – Dumbbell Rack and Set shall be **BodySolid 60" 3 Tier Dumbbell Rack and 5-70lb Rubber Dumbbell set**, with the following salient features:
- (a) Includes 5 - 70lb Rubber Dumbbell Set
  - (b) Rack includes optional 3rd Tier
  - (c) All-4-Side welded construction
  - (d) **Deburred inside and out for safer use**
  - (e) Heavy duty 2" X 3" frame with reverse pitch for easy access to all tiers
- E2.7 Item No. 6 - Rack shall be **BodySolid Pro Power Rack with Lat Pulldown**, with the following salient features:
- (a) Heavy Duty 11 gauge high tensile strength steel
  - (b) All-4-Side welded construction and oversized industrial hardware
  - (c) Electrostatically applied powder coat finish
  - (d) 20 levels of adjustment
  - (e) 3" X 3" Vertical Support Columns
  - (f) 41" Wide Knurled Chinning Bar
  - (g) Includes Lat pulldown with 200lb stack and additional weight pegs
- E2.8 Item No. 7 – Flat Incline Decline Bench shall be **BodySolid Pro Club Line F.I.D. Bench**, with the following salient features:
- (a) 2" X 3" eleven gauge Steel
  - (b) Independent back pad and seat pad adjustments
  - (c) 1000 pound capacity tested
  - (d) Transport Wheels for easy movement
  - (e) Back Pad adjusts to (15, 30, 45, 60 and 80 degrees incline) and (-18 degrees decline)
  - (f) Seat pad adjusts to 10 and 18 degrees
  - (g) Back pad tapers from 9.5" to 12" toward seat pad
- E2.9 Item No. 8 – Grip Set shall be **Hampton 500lb Olympic Grip Set**, with the following salient features:
- (a) Plate design is recessed to eliminate pinched fingers
  - (b) Powder coated weight plates to reduce chipping and rusting
  - (c) Hampton Smooth Rotation 86" Power Bar has 1500lb tested weight capacity and roll pinned sleeve to guarantee sleeve will not come loose
  - (d) Includes 2 Olympic Spring collars