

## Please ... Practice Healthy Swimming Behaviours:

- Do not go swimming if you are feeling unwell, especially if you have an upset stomach.
- Shower with soap before swimming; wash your hands after using the toilet or changing diapers.
- Non-toilet trained infants/toddlers and special needs/adult patrons who experience incontinence must wear leak-proof swim pants or garments of a similar nature.
- Take children for frequent bathroom breaks.
- Change diapers in the change rooms and not at the pool side. Dispose of diapers properly and clean up the diaper changing area.
- Avoid swallowing the pool water or getting water in your mouth.

## Pool Water Quality Is Every "Body's" Business

A pool fouling occurs when a swimmer releases fecal matter or vomit into the pool water while swimming.

Can you still swim once a pool fouling has occurred? Absolutely not! If someone releases diarrhea or vomit into the water, the water becomes contaminated. All swimmers must clear the pool immediately. The pool maintenance staff will treat the water. No one can swim until water is chemically balanced and safe for swimming. This means that the pool is closed to the public and swimming lessons will be cancelled.

Let's keep the pool open, the water free from fouling and safe for all swimmers.



## Indoor/Outdoor Pool Rules

- Height and age requirement must be met
- Walk on the pool deck — **do not run**
- Inflatable toys, buoyant objects or skin diving equipment are not allowed in the pool unless specific authority is given by the lifeguard in charge
- Spitting, spouting of water, pushing and horseplay are prohibited
- When **emergency** buzzer sounds, clear the pool immediately
- Proper swim attire is required
- Infants must wear leak proof swim pants
- Do not use loud or abusive language in or around the pool
- Street shoes are not permitted on the pool deck
- Have fun, but respect others

### From the Public Health Act

- (a) No person infected with a communicable disease or having open sores on his or her body shall enter the water;
- (b) No person shall bring a glass container onto the deck area of the pool or facility; and
- (c) No person shall engage in play hazardous to other persons in and around the pool or facility.

## Lifeguards Have Complete Authority

The onsite supervisor has the right to allow or prevent access to any part of the pool or the pool in its entirety should there be any safety concerns regarding the patron's use of the facility.



For more information or to register for programs, please call 311 or visit us online at [Winnipeg.ca/leisureonline](http://Winnipeg.ca/leisureonline)



# Swimming Pool Entry Requirements & Safety Guidelines



**Community Services Department  
Aquatics Branch**

*Providing safe and enjoyable aquatic experiences at 13 indoor and 10 outdoor pools.*

## Public Admission Entry Requirements

Minimum height requirements are site specific.

Children under the age of 7 will not be allowed entry into the pool unless accompanied by a Parent/Guardian/Caregiver a ratio of 1 (Parent/Guardian/Caregiver) to 4 (Children).

### Children under the age of 7

#### Who cannot swim:

- Must be accompanied in the water by a Parent/Guardian/Caregiver at a ratio of 1 (Parent/Guardian/Caregiver) to 4 (Children)
- Parent/Guardian/Caregiver must be within arm's reach of the children
- Must wear a Lifejacket\ PFD (Personal Flotation Device)
- Are restricted to the shallow end

#### Who can swim:

- Must be accompanied in the water by a Parent/Guardian/Caregiver at a ratio of 1 (Parent/Guardian/Caregiver) to 4 (Children)
- Parent/Guardian/Caregiver must be within arm's reach of the children
- Upon demonstration of swimming ability may enter the pool without a Lifejacket\ PFD (Personal Flotation Device)

### Children 7 years & older

#### Who do not meet the height requirements & cannot swim:

- Must be accompanied in the water by a Parent/Guardian/Caregiver at a ratio of 1 (Parent/Guardian/Caregiver) to 4 (Children)
- Parent/Guardian/Caregiver must be within arm's reach of the children
- Are restricted to the shallow end
- Must wear a Lifejacket\ PFD (Personal Flotation Device)

#### Who do not meet the height requirement & can swim:

- Must be accompanied by a Parent/Guardian/Caregiver at a ratio of 1 (Parent/Guardian/Caregiver) to 4 (Children)
- Upon demonstration of swimming ability may enter the pool without a Lifejacket\ PFD (Personal Flotation Device)

#### Who meet the height requirement & cannot swim:

- Are restricted to the shallow end
- A Lifejacket\ PFD (Personal Flotation Device) is optional

The onsite supervisor has the right to allow or prevent access to any part of the pool or the pool in its entirety should there be any safety concerns regarding use of the facility.

## Group Admissions

A group of 9 or more people, or any organized program or event attending an aquatic active living facility should be booked in advance by calling 311. When using City of Winnipeg aquatic facilities, groups are required to adhere to **all** admission requirements.

### Groups are required to:

- Contact Pool Supervisor for the facility they wish to attend at least ten days prior to the planned visit
- Obtain height requirements specific to the pool being attended
- Follow public admission entry requirements
- Pay at time of booking

#### Prior to arrival:

Identify participants who **do not** meet the height requirement and **cannot swim** and be prepared to adhere to these rules:

- Participants must be accompanied in the water by Parent/Guardian/Caregiver at a ratio of 1 (Parent/Guardian/Caregiver) to 4 (Children)
- Parent/Guardian/Caregiver must be within arm's reach of the children
- Participants must wear a Lifejacket\ PFD (Personal Flotation Device)
- Participants are restricted to the shallow end

Identify participants who **do not** meet the height requirement and **can swim** and be prepared to adhere to these rules:

- Participants must be accompanied by a Parent/Guardian/Caregiver at a ratio of 1 (Parent/Guardian/Caregiver) to 4 (Children)
- Upon demonstration of swimming ability, participant may enter the pool without a Lifejacket\ PFD (Personal Flotation Device)
- A general rule of thumb is completion of Level 5 of the Red Cross Swim Kids Program

Identify participants **who meet** the height requirement but **cannot swim** and be prepared to adhere to these rules:

- Participants are restricted to the shallow end
- A Lifejacket\ PFD (Personal Flotation Device) is optional

#### Upon arrival at the pool, contact the onsite supervisor.

- The onsite supervisor will review the pool rules with the participants and Parents/Guardians/Caregivers
- Identify to the onsite supervisor those participants who require lifejackets/ PFD (Personal Flotation Device)
- Identify to the onsite supervisor those participants who wish access to the deep water. The onsite supervisor will then have the swimmers perform a short swim evaluation to confirm their ability.

## School Admissions

A group of 9 or more people, or any organized program or event attending an aquatic active living facility should be booked in advance by calling 311. When using City of Winnipeg aquatic facilities, schools are required to adhere to **all** admission requirements.

### Schools are required to:

- Contact Pool Supervisor for the facility they wish to attend at least ten days prior to the planned visit
- Obtain height requirements specific to the pool being attended
- Follow public admission entry requirements
- Pay at time of booking

#### Prior to arrival:

Identify students who **do not** meet the height requirement and **cannot swim** and be prepared to adhere to these rules:

- Students must be accompanied in the water by Teacher/Parent/Volunteer at a ratio of 1 (Teacher/Parent/Volunteer) to 4 (Students)
- Teacher/Parent/Volunteer must be within arm's reach of the students
- Students must wear a Lifejacket\ PFD (Personal Flotation Device)
- Students are restricted to the shallow end

Identify students who **do not** meet the height requirement and **can swim** and be prepared to adhere to these rules:

- Students must be accompanied by a Teacher/Parent/Volunteer at a ratio of 1 (Teacher/Parent/Volunteer) to 4 (Children)
- Upon demonstration of swimming ability, student may enter the pool without a Lifejacket\ PFD (Personal Flotation Device)
- A general rule of thumb is completion of Level 5 of the Red Cross Swim Kids Program

Identify students **who meet** the height requirement but **cannot swim** and be prepared to adhere to these rules:

- Students are restricted to the shallow end
- A Lifejacket\ PFD (Personal Flotation Device) is optional

#### Upon arrival at the pool, contact the onsite supervisor.

- The onsite supervisor will review the pool rules with the students and Teachers/Parents/Volunteers
- Identify to the onsite supervisor those students who require lifejackets/ PFD (Personal Flotation Device)
- Identify to the onsite supervisor those students who wish access to the deep water. The onsite supervisor will then have the swimmers perform a short swim evaluation to confirm their ability.

**Access is only available 9:00 am–4:00 pm, (Mon–Fri)**